

BodyScience Plus Programme

(Secondary programme option)

Travelling even further in the pursuit of optimal wellness, BodyScience Plus offers additional, state of the art laboratory tests such as DNA sampling in addition to all the features of the BodyScience programmes.

You will need to complete an online questionnaire and a kit will be delivered to your home with details of the tests for your required personalised programme. It is important to note that the questionnaire must be completed 4-6 weeks before your arrival in order to allow enough time for all the information and tests to be analysed. Therefore, the BodyScience Plus programmes must be pre-booked and are not available for last minute booking.

A full report and analysis of tests by BodyScience's lab partners in Europe and a leading Harley Street specialist. This will be followed by further consultation and programme design prior to arrival in St. Lucia. Finally after all the results and analysis are gathered, a Skype interview is arranged at the resort with the retreat's Harley Street specialist for further lifestyle counselling.